



Exciting changes to our agency!

In July 2013, the State implemented two new regulations that affected HHD's Trail House program. One of the new rules forbids an agency from owning the home in which its supported living residents live, and the other forbids an agency from having its administrative offices in the same home as its supported living residents. As a result, the office at Trail House has been moved to a new location in Burien. (Stop by and say "hello!" We are located at 15111 8th Avenue SW, Suite 303.) While this move has presented some challenges, it will benefit all involved, as our expenses will be reduced and we will now be in compliance with Washington law. We are also in the process of searching for a new Trail House for our residents, as the current Trail House home has been sold to a new owner from whom we are now leasing the home. We are very excited about all the changes taking place!

In addition to our move, we have made some changes to our office staff. Suzanne McCudden, a dedicated employee of 16 years decided to take a new step in her journey and has moved on to a job at Green River Community College. She was an integral part of our agency for many years and will be missed. We wish her all the best in her latest undertaking. Ashton Weis is our newest employee and will be taking over some of Suzanne's duties with the help of Heidi Floryance-Chung, who has been a part-time employee for several years. Heidi is taking on the bulk of the human resources work for HHD. Our new team is working hard to create a seamless transition.

We are also excited to showcase our new logo, as it appears on this page! Keep up with all of our activities on Facebook, twitter and at hhftd.org!



"THE MISSION of Helping Hands for the Disabled is to support people with developmental disabilities in achieving their potential, building their self esteem, and enhancing their community involvement. To accomplish this, we commit our energy and resources to developing and maintaining residences and a continuum of program services to meet their needs."

- HHD's Mission Statement



The new HHD office space in Burien!

In this issue:

- New office space
- Letter from the Director
- Profile: Tess Larson
- Events: Comedy Uncorked! and GiveBIG!
- Get ready for the Auction!
- Thank you!

A Profile: Tess Larson HHD's Newest Addition!

Join the Helping Hands for the Disabled family in welcoming our newest resident, Tess Larson! She moved into Trail House and is getting along there very well. Tess is 20 and was born in the State of Washington on July 1st. She is a former foster child at the Peterson family home in Bellevue. While living with the Petersons, she attended Interlake High School in Bellevue. She lived there for approximately four years but now is a happy addition to the Helping Hands for the Disabled program.

Tess communicates through pointing and smiling, and the Trail House staff is becoming more and more accustomed to her unique personality. Tess likes several activities. Her favorites being: people watching and bird watching. She also enjoys sitting outside on sunny days. She appreciates being wrapped in blankets and sometimes carrying them with her. Her favorite color is teal. Playing in the water is also a stress reliever for Tess. She is starting to get along well with Andrew and Andy and is already a large part of the Trail House family.

Before joining the Helping Hands for the Disabled family, Tess encountered some health problems that made it difficult for her to eat. She has since had a NGO tube and then a gastronomy tube to make it easier for her to get the nutrients she needs. The Trail House staff is working tirelessly to make sure that all of her personal care and nursing needs are met. We are hoping that the worst of Tess' health issues are behind us and that Tess will remain healthy. We'll be sure to keep you updated on her progress, along with the rest of our residents.



Letter from the Director:

It's been a busy start to the New Year and although we've had some exciting new changes to both our staff and location, I look forward to the coming year. We will continue to provide excellent care for our residents and our new challenges will only aid our end goal. Please bear with us in this time of change. Check out our new office space on page one.

In this issue: keep your eyes open for our upcoming events and programs. We're working hard to find new ways to help you participate in our organization. We've also added a new resident, check out the profile on Tess Larson, the newest member of Trail House. We would also like to thank this opportunity to thank our many dedicated donors and supporters.

Please check out our website for more updates at <http://hhftd.org> and follow us on Facebook and Twitter. We want to keep you up to date on all of our events, successes and happenings. Have you ever considered serving on our Board of Directors? If you love Helping Hands, we would love to have you contribute to our board. Many thanks to each of our dedicated members of the Board: Lori Carney, Leann Garza, John Beswetherick, Marcus Carney, Amy Florence, Andre DuBois and Shauna Peterson. Thank you also to Claudia Bean McIntosh, Roland Kipsftuhl and Judy McCudden, who retired from our Board of Directors after many years of dedicated service to HHD.

Comedy Uncorked!

Want to have some fun and support Helping Hands for the Disabled at the same time? Come join us on Saturday, April 19th for Comedy Uncorked! You can enjoy an evening of comedy and wine at Laughs Comedy Spot in Kirkland. The evening features the comedic talents of Brian Moote, Drew Barth, Joe Vespaziani, and Geoff Lott, and proceeds go to support the ongoing mission of Helping Hands for the Disabled.

Doors open at 4:00 p.m. for wine tasting and the comedy begins at 6:00. Food and bar are available. Must be over 21. Tickets are \$25 each prior to the day of the event and \$30 each at the door. You can purchase tickets through Brown Paper Tickets. Purchase early to make sure you don't miss out on this great evening!

Laughs Comedy Spot is located in the Totem Square Mall at 12099 124th Avenue NE in Kirkland. For more information about the club, visit their website is www.laughscomedy.com or give them a call at (425) 823-6306.

Laughs Comedy Spot and
Helping Hands for the Disabled Present

Comedy Uncorked!

An evening of comedy and wine to
support Helping Hands for the Disabled

Sunday, April 19, 2015

4:00 p.m. to 6:00 p.m. - Wine Tasting

6:30 p.m. to 8:00 p.m. - Comedy

Comedy by
Brian Moote, Drew Barth,
Joe Vespaziani and Geoff Lott

Wine tasting by Northwest Cellars,
Waving Tree Winery and Skylite Cellars

\$25 through Brown Paper Tickets | \$30 at the door
Presale discount for groups of 6 or more available

<http://www.brownpapertickets.com/event/1175569>

Food and bar available | Must be 21+
Helping Hands for the Disabled is a 501(c)(3) nonprofit corporation
www.hhftd.org | www.facebook.com/hhftd

Laughs Comedy Spot
12099 124th Ave NE
Kirkland, WA 98034

(425) 823-6306
www.laughscomedy.com

Join us at Laughs Comedy Spot!



Helping Hands is participating in the Seattle Foundation's GiveBIG event on May 5th. The event is a one-day online fundraising event. We encourage you to show your support on this day by donating through the Seattle Foundation website. Simply search for Helping Hands and give a donation of your choice, or check our website and Facebook pages closer to the event date for an easy "click here" link to take you right to our page on the GiveBIG site. Every little bit helps our residents, and we thank you for your support.

Fantastically Forty!



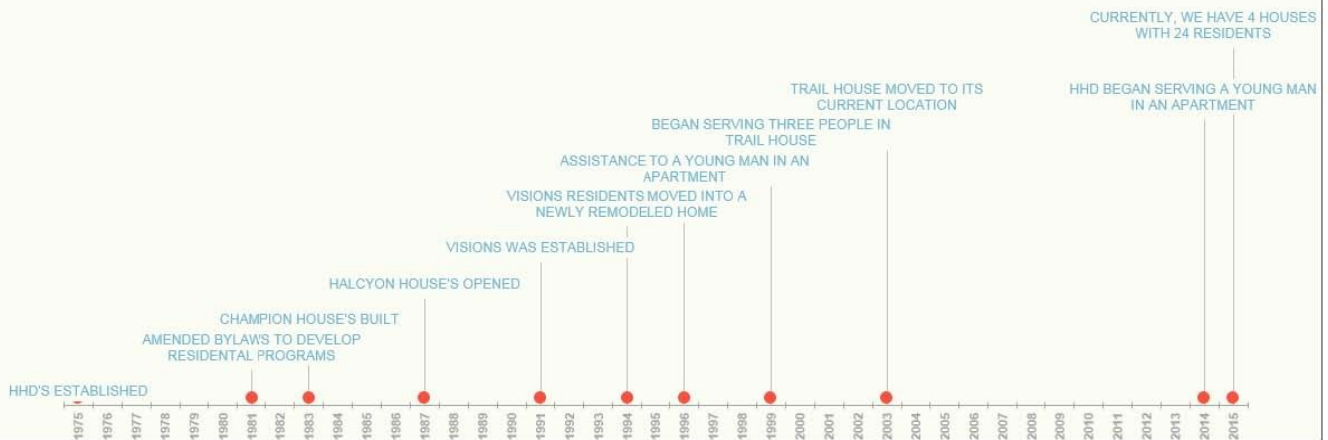
Fantastically Forty!

It is time to start thinking about the auction again! This year is sure to be an exciting theme, as we are celebrating 40 years of service as an agency. Our theme this year will be "Fantastically Forty." Leann Garza is head of the auction committee, and we are all excited to see what she has in store for the upcoming auction. The auction date is set for September 26th! Mark your calendars; we hope to see you all there!

Helping Hands for the Disabled has been serving the area for 40 years. The organization was established in 1975, and our first home, Champion House, was built in 1983. We have come a long way from moving in those first five residents from Interlake Nursing Center. Currently, we support 24 residents and are continually

HHD

Over the last 40 years



Thanks to you!

We would like to take this space to thank our donors and supporters! It's because of you that we have such a thriving organization. We could not do it alone!

- Pha Nguyen
- Joseph Oliva
- R.M. Holt Attorney's at Law
- Beverly Allen
- Judy McCudden
- Joyce Shaffer
- Elizabeth Wiens
- Barrett Beaupre
- Amy Florence
- UPS
- In Memory of Robert Wilkinson
–Vicky
- In Honor of Edie Hilliard
–Herbert Bridge
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- Leann Garza
- Silverways, Inc.
- Patrick Maher Memorial Foundation
- In Memory of Beth Bowman
–Robert Shingleton
- In Memory of Anna Shingleton
–Robert Shingleton
- In Honor of Brett Nieder
–Oscar and Ruby Running
- In Honor of Katie Douglas and Frank Shields
–Anonymous

A special shout out to Troy Meyers of Epsilon 9 for all his hard work with our network and website.

Contact Us

Give us a call or send us an email for more information about our organization.

Helping Hands for the Disabled

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Visit us on the web at www.hhftd.org

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If you would like to be notified of our upcoming events by email, please log onto our Website at www.hhftd.org and give us your email address. We value your privacy. We do not sell or pass your information on to any other agency.

Helping Hands for the Disabled is a 501(c)3 organization. Federal ID# 51-0152982



Applicants for housing programs or employment are welcome without regard to sex, age, handicapping conditions, religion, veteran status, race, color, creed or marital status. We are barrier free.